



Mr. Fahad G. Attar
FRCS (Tr & Orth), MRCS(Ed)
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A handwritten signature in black ink, appearing to read 'Fahad G. Attar'. The signature is fluid and cursive, with the first name 'Fahad' being the most prominent part.

Personal details:

Name: Mr. Fahad G. Attar

Address: Specialist Orthopaedic Surgeons Ltd
1, Harley Street, London
W1G 9QD London, United Kingdom
Phone no.: 0161 9038604

Nationality: British

GMC Reg. No.: 4637880 (Full registration)

Indemnity: Premium Medical Protection

Undergraduate education

- ❖ Liverpool University, UK 1994 – 1999
- ❖ John Hampden Grammar School (High Wycombe, Bucks), UK

Qualifications:

- ❖ CCT (Certificate of Completion of Training) in Trauma and Orthopaedic Surgery, GMC, UK – February 2011
- ❖ Currently on the UKIETR (UK International Emergency Trauma Register) – October 2012
- ❖ ATLS Instructor – Royal College of Surgeons of England, London, July 2010
- ❖ FRCS (Tr & Orth), (Intercollegiate Specialty Board in Trauma & Orthopaedic Surgery, Royal College of Surgeons of England, UK) – May 2009
- ❖ MRCS(Ed) (Royal College of Surgeons of Edinburgh, UK) – January 2003
- ❖ MBChB Degree (Liverpool University, Liverpool, UK) - June 1999

Professional Experience

Dates	Duration	Job description	Hospital
Jan'13 onwards	Permanent	Consultant in Lower Limb Arthroplasty, Knee Reconstruction and Sports Medicine	St Helens and Knowsley NHS Trust, Prescot, Merseyside, UK

Professional Experience (Fellowships)

Dates	Duration	Job description	Hospital
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Aug'12 – Dec'12	5 months	Senior Arthroplasty Fellow to Mr. B. Purbach & Mr. T. Browne Fellowship involves experience and exposure in complex primary and revision hip and knee replacements	Wrightington Hospital, Wigan, UK
Aug'11 – July'12	1 year	Lower Limb Arthroplasty Fellow to Dr. C.S. Wright, Dr. V. Wadey, Dr. J. Cameron, Dr. H. Cameron Fellowship involves experience and exposure in routine and complex primary and revision hip and knee replacements and knee osteotomy procedures. Also involves routine trauma lists.	Holland Orthopaedic & Arthritic Centre, Sunny Brook Hospital, Toronto, Canada
Feb'11 – July'11	6 months	Fellow to Prof. A. Price & Mr. W. Jackson – Knee Arthroplasty and Soft Tissue Knee Fellowship involved experience and exposure in routine and complex primary and revision knee replacements and all soft tissue knee procedures	Nuffield Orthopaedic Centre, Oxford

Professional Experience (SpR Grade):

Dates	Duration	Job description	Hospital
Feb'11	1 months	SpR to Mr. S. Qaimkhani – General Orthopaedics (last month of rotation)	Lincoln County Hospital, Lincoln
Aug'10 – Feb'11	6 months	SpR to Mr. S. Tandon & Mr. K. Boyd – Knee Arthroplasty and Soft Tissue Knee surgery and Sports Medicine	Leicester General Hospital
Feb'10 – Aug'10	6 months	SpR to Mr. A. Brown & Mr. R. Power – Lower Limb Arthroplasty, Including Primary & Revision procedures	Glenfield Hospital, Leicester
Aug '09 – Feb'10	6 months	SpR to Mr. T. Green & Mr. A. Best Primary and Revision knee arthroplasty, soft tissue knee reconstruction & foot and ankle surgery.	Leicester General Hospital, Leicester
Feb'09 – Aug'09	6 months	SpR to Mr. A. Ullah and Mr. B. Bhowal - Hand surgery	Glenfield Hospital, Leicester
Aug'08 – Feb'09	6 months	SpR to Mr. J. Davison, Mr. A. Furlong and Mr. A. Brown - Trauma surgery	Leicester Royal Infirmary, Leicester

Feb'08 – Aug'08	6 months	SpR to Mr. R. Pandey and Mr. M. Newey – Shoulder surgery, knee arthroplasty and spine surgery	Leicester General Hospital, Leicester
Aug'07 – Feb'08	6 months	SpR to Mr. R. Asirvatham - Paediatric orthopaedics and trauma	Lincoln County Hospital, Lincoln
Mar'07 – July'07	6 months	SpR to Mr. J.M. Wilkinson - General orthopaedics & trauma	Lincoln County Hospital, Lincoln
Nov'06– Mar'07	4 months	SpR to Mr. R. Latto - Primary and revision knee arthroplasty and soft tissue knee reconstruction surgery	Pilgrim Hospital, Boston
Jul'06- Oct'06	4 months	SpR to Mr. Achary - General orthopaedics and trauma with emphasis on foot and ankle surgery	Pilgrim Hospital, Boston
Mar'06 – Jun'06	4 months	SpR to Mr. A. Sheikh - General orthopaedics and trauma with emphasis on lower limb arthroplasty	Pilgrim Hospital, Boston
Nov'05 – Feb'06	4 months	SpR to Mr. R. Deshmukh - General orthopaedics and trauma with emphasis on upper limb surgery	Pilgrim Hospital, Boston
Mar'05 – Nov'05	8 months	SpR to Mr. A. Furlong, Mr. A. Brown, Mr. T. Green & Ms. A. Armstrong - Trauma surgery	Leicester Royal Infirmary, Leicester

Professional Experience (SHO Grade):

Dates	Duration	Grade, Job description	Hospital
Mar'04 – Feb'05	12 months	Clinical Research Fellow to Professor P.J. Gregg, Arthroplasty Surgeon.	James Cook University Hospital, Middlesbrough
Aug'03 – Feb'04	6 months	Senior House Officer to Mr. N. P. Geary, Foot and Ankle Surgeon.	Arrowe Park Hospital, Merseyside
Feb'03 – Aug'03	6 months	Plastic Surgery Senior House Officer to MR. V. Kumar and Mr. Hancock	Whiston General Hospital, Merseyside
Aug'02 – Feb'03	6 months	Orthopaedic Surgery Senior House Officer to Mr. N. Barton-Hanson	University Hospital Aintree, Liverpool
Feb'02 – Aug'02	6 months	Accident & Emergency Medicine Senior House Officer to Mr. Hollingsworth	University Hospital Aintree, Liverpool
Aug'01 – Feb'02	6 months	General Surgery Senior House Officer to Mr. Mackee and Mr. J. Dhorajiwala	University Hospital Aintree, Liverpool

Feb'01 – Aug'01	6 months	Plastic Surgery Senior House Officer to Mr. James and Ms. Fellberg	Whiston General Hospital, Merseyside
Aug'00 – Feb'01	6 months	Orthopaedic Surgery Senior House Officer to Mr. W.A. Jones and Mr. Gray	Royal Liverpool University Hospital, Liverpool

Specialist Orthopaedic Procedures Performed:

1. Routine primary and revision Knee replacements, hip replacements, Soft tissue primary and revision knee reconstruction procedures, Osteotomies around the knee and knee arthroscopic procedures.
2. Other subspecialist and niche procedures done include:
3. Cartilage reconstruction procedures – ACI, AMIC
4. Patient specific knee replacements – ConforMIS partial and total knee replacements and Computer assisted knee replacements - NAVIO
5. Knee resurfacing procedures for cartilage defects – Biopoly and Episurf (patient specific cartilage defect procedures)
6. Meniscal transplants – using biosynthetic grafts and allografts to reconstruct and reconstitute meniscal tissue
7. Trochleoplasties and de-rotation tibial osteotomies for anterior knee pain and patella-femoral instability

Publications (Peer Reviewed):

Books:

1. Fahad G. Attar & Talal Ibrahim (2011). '*Succeeding in the FRCS T&O Part 1 Exam: MCQ Revision Questions in Trauma and Orthopaedics*', London, BPP Learning Media.

Original Papers:

1. '**Simultaneous peri-articular femoral osteotomy and total knee arthroplasty for treatment of osteoarthritis associated with a severe valgus deformity of >45°**' F G Attar, M Drexler, N Reischl, D J Ng, J C Cameron. *MOJ Orthopaedics and Rheumatology*, July 2014 (accepted for publication)
2. '**Total knee arthroplasty in patients with excessive external tibial torsion > 45° and patella instability – Surgical technique and long term follow up**' M. Drexler, T. Dwyer, M. Marmor, N. Reischl, **F.G. Attar**, J.C.Cameron. 2012 Nov 8. pii: S0883-5403(12)00581-5. doi: 10.1016/j.arth.2012.08.012. [Epub ahead of print]
3. '**Radiological Outcomes following simultaneous 1st and 5th metatarsal osteotomies**' M. Hadi, **F. Attar**, R. Shariff, G.S. Attar *Journal of Orthopaedics, Trauma and Rehabilitation*, Volume 16, Issue 2, Pages 59-61, December 2012
4. '**Hip Conversion: Don't Promise Too Much**' M. Drexler, N. Reischl, T. Dwyer, **F.G. Attar**, D.J. Ng, H. Cameron. *Seminars in Arthroplasty*, Volume 23, Issue 3, Pages 176-178, September 2012.

5. **‘Comparison of cement pressurisation in flanged and unflanged acetabular cups’** F. Attar, R. Bhattacharya, S. Green, A. Port. *Journal of Orthopaedic Surgery and Research*, 2012, 7:5
6. **‘Foot pressure comparison between hallux rigidus patients with normal asymptomatic matched individuals using pedobarograph: our early results’** M. Hadi, A. Alani, F. Attar, A. Adedepo, *Journal of Orthopaedics, Trauma and Rehabilitation, Volume 16, Issue 1*, Pages 13-15, June 2012
7. **‘The effect of Total Knee Arthroplasty on body mass index – a prospective study’** R. Shariff, F.G. Attar, M. Manickham, A. Wainwright, M. McNicholas. *Journal Of Orthopaedics, Trauma and Rehabilitation*, Volume 15, Issue 2, December 2011
8. **‘How good are orthopaedic surgeons at assessing ECGs?’**R. Shariff, S.G. Attar, F.G. Attar. *Journal Of Orthopaedics, Trauma and Rehabilitation*, Volume 14, Issue 2, December 2010
9. **‘Does chevron osteotomy affect the blood supply to the first metatarsal head?’**, R Shariff, F. Attar, S. Vinjamuri, R. Siddiqi, G. Attar, *Acta Orthop. Belg.* 2009, 75, 234-238.
10. **‘Survival analysis at 15 years of cemented Press-Fit Condylar Total Knee Arthroplasty’** Fahad G. Attar, Fu-Meng Khaw, Lorna M.G. Kirk, Paul J. Gregg, *The Journal of Arthroplasty, Volume 23, Issue 3, Pages 331-488, April 2008.*
11. **‘Perioperative changes in the microcirculation in feet following foot and ankle surgery’**, F. Attar, D. Machin, D. Selvan, R. Shariff, N.P. Geary. *The Journal of Foot and Ankle Surgery, Volume 46, Number 4, July/August 2007.*
12. **‘Comparison of the caliper method and two dimensional computer software to measure polyethylene wear after total hip arthroplasty’**, V. Kumar, F. Attar, P. Savvidis, J. Anderson. *European Journal of orthopaedic surgery and traumatology, Volume 16, Number 3/September, 2006.*
13. **‘Long term follow up of patients with Reginald’s osteotomy for hallux valgus’** F. Attar, U. Nagare, R. Asirvatham, (*Accepted for publication by Journal of Orthopaedics, Trauma & Rehabilitation, Feb 2012*)

Abstracts:

1. **‘Comparing predictability of survival between ISS and NISS’**, M.U. Saleem, N. Yousaf, F. Attar and R. Deshmukh. *Injury Extra, Volume 38, Issue 4, April 2007, Pages 110-11.*
‘Correlating different parameters and scoring systems with the probability of survival in trauma patients’, N. Yousaf, M.U. Saleem, B. Sheraz, F. Attar and R. Deshmukh. *Injury Extra, Volume 38, Issue 4, April 2007, Pages 109-110.*
‘Ottawa guidelines for ankle and foot injuries’, Dr. M. N. Hadi, Mr. F. G. Attar. *International Journal of Disaster Medicine, 2006; 4:3.*
2. **‘Compare and predict probability of survival between ISS and NISS’**, Dr. U. Saleem, Dr. N. Yousuf, Mr. F. G. Attar, Mr. R. Deshmukh. *International Journal of Disaster Medicine, 2006; 4:3.*
3. **‘Foot pressure study using the pedobarograph : Comparison of normal subjects with Hallux Rigidus and metatarsalgia’**, Mr. F. Attar, Mr. V. Kumar, Mr. G. Akra, Mr. K.

Rome, Mr. A. Adedapo. *J Bone Joint Surg Br Orthopaedic Proceedings*, 2006 88-B: 275-276.

4. 'Assessment of polyethylene wear in total hip arthroplasty: A comparative study of computer software versus Livermore method', Mr. V. Kumar, Mr. F. Attar, Mr. P. Savvidis, Mr. J. Anderson. *J Bone Joint Surg Br Orthopaedic Proceedings*, 2006 88-B: 276.
5. 'The relationship between the Injury Severity Score and the Revised Trauma Score with the probability of survival for our trauma patients and how this compares with the predicted relationship', Mr. F. Attar, Mr. P. Simms. *Injury Extra (online)*.
6. 'Probability of survival in trauma patients: is there a need for change in the variables used for calculation? Mr. F. Attar, Mr. P. Simms. *Injury Extra (online)*.
7. 'Perioperative assessment of microcirculation in feet', Mr. F. Attar, Dr. R. Shariff, Dr. D. Selvan, Dr. D. Machin, Mr. N. Geary. *J Bone Joint Surg Br Proceedings*, Sep 2005; 87-B: 373.
8. 'Assess the correlation between the expected outcome and the actual outcome of trauma patients using the ISS scoring system', Mr. F. Attar, Mr. P. Simms. *European Journal of Trauma Supplement*, 30 (1): pg 68; May 2004.
9. 'Assessing documentation of vital observations in management of trauma victims', Mr. F. Attar, Mr. P. Simms. *European Journal of Trauma Supplement*, 30 (1): pg 69; May 2004.

Articles:

1. 'The thrill of the chase', Mr. F. Attar. *Surgeons News (Royal College of Surgeons of Edinburgh)*, June 2004.
2. 'Break into Orthopaedics - Part I', Mr. F. Attar. *Surgeons News (Royal College of Surgeons of Edinburgh)*, October 2004.
3. 'Break into Orthopaedics - Part II', Mr. F. Attar. *Surgeons News (Royal College of Surgeons of Edinburgh)*, December 2004.
4. 'Break into Orthopaedics - Part III', Mr. F. Attar. *Surgeons News (Royal College of Surgeons of Edinburgh)*, December 2004.
5. 'Break into Orthopaedics - Part IV', Mr. F. Attar. *Surgeons News (Royal College of Surgeons of Edinburgh)*, March 2005.

Podium Presentations (Peer Reviewed):

I have had the opportunity to present in various national and international meetings:

1. 'Comparison of cement pressurisation in flanged and unflanged acetabular cups', **F. Attar**, R. Bhattacharya, S. Green, A. Port. *5th SICOT/SIROT Annual International Conference, Marrakech, Morocco – August 2007*
'Cement pressurisation in flanged and unflanged acetabular cups', **F. Attar**, R. Bhattacharya, S. Green, A. Port. *8th EFORT Congress, Florence, Italy – May 2007*
2. 'Is it time for new variables to be used in assessing the Probability of survival?: An assessment of how different trauma parameters relate to the probability of survival', N. Yousuf, U. Saleem, **F. Attar**, R. Deshmukh. *8th EFORT Congress, Florence, Italy – May 2007*

3. 'Does chevron osteotomy affect the blood supply to the first metatarsal head?', **F. Attar**, S. Vinjamuri, R. Siddiqi, G. Attar. *Combined Congress of the 10th GCC and 11th Pan Arab Orthopaedic Associations, Bahrain – December 2005*
4. 'Pedobarograph studies in metatarsalgia and hallux rigidus', **F. Attar**, V. Kumar, G. Akra, K. Rome, A. Adedapo. *Combined Congress of the 10th GCC and 11th Pan Arab Orthopaedic Associations, Bahrain – December 2005*
5. 'Survivorship of cemented press-fit condylar total knee arthroplasty at 15 years', **F. Attar**, F. M. Khaw, L. Kirk, P. Gregg. *Combined Congress of the 10th GCC and 11th Pan Arab Orthopaedic Associations, Bahrain – December 2005*
6. 'Assessment of polyethylene wear in total hip arthroplasty: a comparative study of computer software assessment vs. the Livermore method', **F. Attar**, V. Kumar, P. Savvidis, J. Anderson. *Combined Congress of the 10th GCC and 11th Pan Arab Orthopaedic Associations, Bahrain – December 2005*
7. 'Survivorship of cemented press-fit condylar total knee arthroplasty at 15 years', **F. Attar**, F. M. Khaw, L. Kirk, P. Gregg. *East Midlands Orthopaedic Research Meeting, Leicester Royal Infirmary, Leicester – November 2005*
8. 'Assessment of polyethylene wear in total hip arthroplasty : A comparative study of computer software versus Livermore method', **F. Attar**, V. Kumar, P. Savvidis, J. Anderson. *XXIII SICOT/SIROT Triennial World Congress, Istanbul, Turkey – September 2005*
9. 'Foot pressure measurements in Hallux rigidus patients using the pedobarograph system', **F. Attar**, V. Kumar, G. Akra, K. Rome, A. Adedapo. *XXIII SICOT/SIROT Triennial World Congress, Istanbul, Turkey – September 2005*
10. 'Affects of metatarsalgia on foot pressures: tested using the pedobarograph system', **F. Attar**, V. Kumar, G. Akra, K. Rome, A. Adedapo. *XXIII SICOT/SIROT Triennial World Congress, Istanbul, Turkey – September 2005.*
11. 'Survivorship of cemented press-fit condylar total knee arthroplasty at 15 years', **F. Attar**, F. M. Khaw, L. Kirk, P. Gregg. *XXIII SICOT/SIROT Triennial World Congress, Istanbul, Turkey – September 2005.*
12. 'Time for change in variables used for calculating probability of survival for trauma patients?', **F. Attar**, P. Simms. *7th EFORT Congress, Lisbon, Portugal – June 2005*
13. 'Foot pressure study using the pedobarograph : Comparison of normal subjects with Hallux Rigidus and metatarsalgia', **F. Attar**, V. Kumar, G. Akra, K. Rome, A. Adedapo. *European Orthopaedic Research Society Meeting, Lisbon – June 2005*
14. 'Perioperative assessment of microcirculation in feet', **F. Attar**, R. Shariff, D. Machin, D. Selvan, N. Geary. *British Orthopaedic Foot Society Meeting, Cranage, Cheshire – November 2004*
15. 'The relationship between the Injury Severity Score and the Revised Trauma Score with the probability of survival for our trauma patients and how this compares with the predicted relationship', **F. Attar**, P. Simms. *British Trauma Society Meeting, Leeds – October 2004*
16. 'Does chevron osteotomy affect the blood supply to the 1st metatarsal head?', **F. Attar**, R. Siddiqi, Vinjamuri, G.S. Attar, Mr. C. Walker. *3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004*
17. 'Assessing microcirculation in feet in the peri-operative period', **F. Attar**, R. Shariff, D. Selvan, D. Machin, N. Geary. *3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004*

18. 'Assess the correlation between the expected outcome and the actual outcome of trauma patients using the ISS scoring system', **F. Attar**, P. Simms. *3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004*
19. 'Assessing documentation of vital observations in management of trauma victims', **F. Attar**, P. Simms. *3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004*
20. 'Assess the correlation between the expected outcome and the actual outcome of trauma patients using the ISS scoring system', **F. Attar**, P. Simms. *6th European Trauma Congress, Prague Congress Centre, Czech Republic – May 2004*
21. 'Assessing documentation of vital observations in management of trauma victims', **F. Attar**, P. Simms. *6th European Trauma Congress, Prague Congress Centre, Czech Republic – May 2004*

Podium Presentations by co- authors (Peer Reviewed):

22. '10 year follow up of patients with Reginald's procedure for treatment of hallux valgus', **F. G. Attar**, S. Aroop, R. Asirvatham. *9th EFORT Congress, Nice, France – May 2008*
23. 'An unusual case of a checkrein deformity in a child following fixation of Salter Harris II ankle fracture', K.L. Pearson, **F.G. Attar**, R. Asirvatham. *9th European Congress of Trauma and Emergency Surgery, 1st ESTES Congress, Budapest, Hungary – May 2008*
24. 'An unusual presentation of a prostate cancer patient with a cervical pathological fracture', U. Saleem, **F.G. Attar**. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
25. 'Adherence and effectiveness in Ottawa guidelines in managing foot and ankle injuries', M.N. Hadi, M Mohammed, **F G Attar**, R Deshmukh. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
26. 'An unusual case of a large osteochondral fracture of the patella following a patella dislocation', U. Saleem, N. Yousuf, **F. Attar**, A. Sheikh. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
27. 'An unusual case of a tibial stress fracture in a non athlete: the importance of early diagnosis', A. Azam, **F.G. Attar**. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
28. 'Injury severity score (ISS) Vs the New injury severity score (NISS): which is the most accurate trauma scoring system', U. Saleem, N. Yousuf, **F. G. Attar**, R. Deshmukh. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
29. 'Conservative management of posterior sterno-clavicular dislocation', Dr. U. Saleem, N. Yousuf, **F.G. Attar**, A. Sheikh. *15th European SICOT Trainees Meeting, Prague, Czech Republic – September 2006*
30. 'Ottawa guidelines for ankle and foot injuries', M. N. Hadi, M. Mohammed, **F. G. Attar**, R. Deshmukh. *7th European Congress of Trauma and Emergency Surgery, Malmo, Sweden – September 2006*
31. 'Compare and predict probability of survival between ISS and NISS', U. Saleem, N. Yousuf, **F. G. Attar**, R. Deshmukh. *7th European Congress of Trauma and Emergency Surgery, Malmo, Sweden – September 2006*

32. 'Foot pressure study using the pedobarograph : Comparison of normal subjects with Hallux Rigidus and metatarsalgia', **F. Attar**, V. Kumar, G. Akra, K. Rome, Mr. A. Adedapo. *British Orthopaedic Research Society Meeting – July 2005*

Poster Presentations (Peer Reviewed)

1. 'Combined rotational high tibial osteotomy and TKA for congenital dislocation of the patella and osteoarthritis', M. Drexler, T. Dwyer, M. Marmor, N. Reischl, **F.G. Attar**, J.C.Cameron. *Combined 33rd SICOT & 17th PAOA Orthopaedic World Conference, Dubai, UAE – November 2012*
2. 'Simultaneous distal peri-articular femoral osteotomy with total knee arthroplasty for treatment of osteoarthritis associated with a severe valgus deformity of $> 45^\circ$ ', **F.G. Attar**, M. Drexler, T. Dwyer, D.J. Ng, N. Reischl, J. Cameron. *Combined 33rd SICOT & 17th PAOA Orthopaedic World Conference, Dubai, UAE – November 2012*
3. 'An unusual thumb fracture pattern in a cricketing injury', **F. Attar**. *10th EFORT Congress, Vienna, Austria – June 2009*
4. 'An unusual case of bilateral patella tendon ruptures in the absence of any risk factors', A.H. Shah, **F. Attar**, D. Achary. *5th SICOT/SIROT Annual International Conference Marrakech, Morocco – August 2007*
5. 'Our early experience with computer assisted surgery for total knee replacements and an up to date literature review', **F. Attar**, M. Hadi, P. Jani, D. Achary. *5th SICOT/SIROT Annual International Conference Marrakech, Morocco – August 2007*
6. 'Cement pressurisation in flanged and unflanged acetabular cups', **F. Attar**, R. Bhattacharya, S. Green, A. Port. *8th EFORT Congress, Florence, Italy – May 2007*
7. 'Comparison of cement pressurisation between flanged and unflanged acetabular cups in cemented hip arthroplasty', R Bhattacharya, **F Attar**, S Green, A Port. *BOA Annual Congress, Glasgow – September 2006*
8. 'Role of the CT scan in management of Intra-articular fractures of the Os Calcis', **F. Attar**, V. Kumar, R. Bhattacharya. *BOFSS, Oxford – November 2005*
9. 'Role of the CT scan in management of Intra-articular fractures of the Os Calcis', **F. Attar**, V. Kumar, R. Bhattacharya. *British Trauma Society, Athens, Greece – October 2005*
10. 'Affects of metatarsalgia on foot pressures: tested using pedobarograph', **F. Attar**, V. Kumar, Adedapo. *7th EFORT Congress, Lisbon, Portugal – June 2005*
11. 'How computer software programme, imagica, compares with the Livermore method in assessing loosening in acetabular cups: can it be a tool for future analysis?', **F. Attar**, V. Kumar, P. Savvidis, J. Anderson. *7th EFORT Congress, Lisbon, Portugal – June 2005*
12. 'How age, injury severity score and revised trauma score relate to the probability of survival in our trauma patients and if these correlate with predictive outcome', **F. Attar**, P. Simms. *7th EFORT Congress, Lisbon, Portugal – June 2005*
13. 'The need for physiological parameters in calculating the revised trauma scores for trauma victims and how clinical audit directly improves patient management', **F. Attar**, P. Simms. *7th EFORT Congress, Lisbon, Portugal – June 2005*
14. 'Assessment of foot pressures in feet of hallux rigidus patients using pedobarograph' **F. Attar**, V. Kumar, Adedapo. *7th EFORT Congress, Lisbon, Portugal – June 2005*

15. '1st and 5th metatarsal osteotomies performed on the same foot: an outcome assessment', **F. Attar**, R. Ali, G.S. Attar. *7th EFORT Congress, Lisbon, Portugal – June 2005*
16. 'Is the blood supply to the 1st metatarsal head affected by chevron osteotomy operation', **F. Attar**, R. Siddiqi, Vinjamuri, G.S. Attar. *7th EFORT Congress, Lisbon, Portugal – June 2005*
17. 'Assessment of polyethylene wear in total hip arthroplasty: A comparative study of computer software versus Livermore method', **F. Attar**, V. Kumar, P. Savvidis, J. Anderson. *BOSA Meeting, Birmingham – June 2005*
18. 'Blood Supply to 1st Metatarsal head following chevron osteotomy for hallux valgus', **F. Attar**, R. Siddiqi, Vinjamuri, G.S. Attar. *European Orthopaedic Research Society 2004 Meeting, Amsterdam, Netherlands – November 2004*
19. 'Peri-operative changes in the microcirculation in feet following foot and ankle surgery', **F. Attar**, R. Shariff, D. Selvan, D. Machin, N. Geary. *European Orthopaedic Research Society 2004 Meeting, Amsterdam, Netherlands – November 2004*
20. 'Blood Supply to 1st Metatarsal head following chevron osteotomy for hallux valgus', **F. Attar**, R. Siddiqi, Vinjamuri, G.S. Attar. *British Orthopaedic Foot Society Meeting, Cranage, Cheshire – November 2004*
21. 'Perioperative changes in the microcirculation in feet following foot and ankle surgery', **F. Attar**, R. Shariff, D. Selvan, D. Machin, N. Geary. *5th Combined Meeting of the Orthopaedic Research Societies, Banff, Alberta, Canada – October 2004*
22. 'Probability of survival in trauma patients: is there a need for change in the variables used for calculation?', **F. Attar**, P. Simms. *British Trauma Society Meeting, Leeds – October 2004*
23. 'How good are orthopaedic surgeons at assessing ECGs?', **F. Attar**, R. Shariff. *3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004*
24. 'Assessing microcirculation in feet in the peri-operative period', **F. Attar**, R. Shariff, D. Machin, D. Selvan, N. Geary. *British Orthopaedic Research Society, Manchester – September 2004*

Professional Talks

1. '**Patient specific knee replacements**', [Invited Guest Speaker at The Annual World Congress of Orthopaedics 2014 in Xi'an, China – September 2014](#)
2. '**Current review of literature for Meniscal transplant surgery**', [Invited Guest Speaker at The International Congress of Orthopaedics and Rheumatology in San Francisco, USA – July 2014](#)
3. '**Making the most of NICE guidelines**', Invited Guest Speaker giving a talk to GPs, CT trainees, FY2s, FY1s and Medical students, Merck Sharp & Dohme, Stage Hotel, Wigston, Leicester – 27th April 2010
4. '**Joint Injections Masterclass**', Invited Guest Speaker giving a talk for GPs, Physiotherapists, Nurses, Merck Sharp & Dohme, Stage Hotel, Wigston, Leicester – 10th February 2010
5. '**How to get the job you want**', Invited Guest Speaker at the BMJ Careers Fair, The Science Museum, Birmingham – 10th October 2009

Prizes and awards

1. **Dr. Charles S. Wright Education Scholarship**, Holland Orthopaedic Centre, Sunnybrook Hospital, Toronto, Canada – June 2012.
2. **Current Concepts Foundation Scholarship**, Current Concepts in Joint Replacement, Las Vegas, US – April 2012
3. **Jacques Duparc Award for Best Poster and Presentation** at the 8th EFORT Congress, Florence, Italy – May 2007
4. **Best Poster Award** at the 7th EFORT Congress, Lisbon, Portugal – June 2005.
5. **Best Trainees Paper Award** at the 3rd SICOT/SIROT Annual International Conference, Havana, Cuba – September 2004
6. **ROAF Traveling scholarship** for elective study, University of Liverpool, 1997

Courses

Surgical and Training Courses:

1. UKIETR Pre-deployment Course, Moreton-in-Marsh – November 2012
2. Basic Security in the Field II (BSITF II), UNDSS (United Nations Dept. of Safety & Security) – November 2012
3. London Knee Meeting, London – October 2012
4. ATLS Instructor at Leicester Royal Infirmary ATLS Course, Leicester – October 2012
5. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – Sept 2012
6. AO Advanced Principles and techniques of Operative Fracture Management, Dallas, US – March 2012
7. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – June 2011
8. Patello Femoral Disorders, EFFORT Instructional Course, Lyon, France – March 2011
9. Smith & Nephew Soft Tissue Knee Reconstruction Course, York – February 2011
10. DePuy Corail Hip course, DePuy, Annecy, France, November 2010
11. Train the Trainer Course, Developmedica, London, October 2010
12. International Arthroscopic ‘Skills Lab’ Training course, Arthrocare Sports Medicine, Kiel, Germany, October 2010
13. Tools for a Surgical Consultant, ASiT, Manchester Medical Society, Manchester– September 2010
14. Safer Clinical Practice Workshop, Medical Protection society, Leicester – September 2010
15. ATLS Instructor at the Birmingham City Hospital ATLS course, Birmingham – September 2010
16. ACL & Multi Ligament Reconstruction course, DePuy Mitek, London – September 2010
17. Leadership and Management course for consultants, East Midlands Healthcare Workforce Deanery, University of Warwick – July 2010
18. ATLS Instructor Course, Royal College of Surgeons of England, London, July 2010
19. Midlands Knee Controversies Course, Midlands Knee & Shoulder Courses, Sixways Stadium, Worcester – May 2010
20. Cadaveric Advanced Primary and Revision Knee course, DePuy, Newcastle – April 2010
21. Excellence in Report Writing, Bond Solon Training Ltd., London – November 2009
22. Osteotomies around the knee Masterclass, Basingstoke and North Hampshire Hospital, Basingstoke – November 2009

23. Morocco Mountain Medicine Expedition Course, Wilderness Medical Training, Mount Toubkal, Morocco – October 2009
24. ATLS provider course, University Hospitals Coventry and Warwickshire, Coventry – October 2009
25. Oxford Unicompartmental Knee Arthroplasty Course, Oxford – September 2009
26. Basic Sciences in Orthopaedics for the FRCS (Orth) Exam, RNOH, Stanmore – March 2009
27. Basic Knee Arthroscopy Course – A Study Day, Conmed Corporation, Leicester Royal Infirmary, Leicester – November 2008
28. Corail Registrar Training Course, Barcelo Billesby Manor Hotel, Stratford Upon Avon – November 2008
29. Modern techniques in Total Knee Arthroplasty, DePuy -Princes Alexandra Hospital – November 2008
30. Musculoskeletal Oncology Review, Oxford – September 2008
31. Upper Limb trauma, Summer University Meeting, Nothern General Hospital, Sheffield – June 2008
32. The Leicester Shoulder Trauma Symposium - Fractures, High Point Conference centre, Leicester – March 2008
33. Trauma & Reconstruction around the knee course, Droitwich knee foundation, Droitwich – November 2007
34. AO Spine Instructional Course for Surgeons, Belfast, Ireland – November 2007
35. Orthofix fracture fixation course, North Staffordshire Medical Institute – June 2007
36. BOTA Annual Conference, Wishaw, Coldfield, West Midlands – June 2007
37. Safe Guarding Children Training, University Hospital of Leicester, Leicester – March 2007
38. The Great Debate 'Early Intervention in the Hip and Knee', Science Museum, London – January 2007
39. BOA 36th Instructional course, Burlington Hotel, Birmingham – January 2007
40. Leicester Hand fracture management course, University of Leicester, Leicester – November 2006
41. An Instructional course in Total Hip Arthroplasty, 10th anniversary meeting, Summer University, Edinburgh – September 2006
42. Personal and Interpersonal Skills 1, Faculty of Medicine and Health Sciences, Trent Multi Professional Deanery, University of Nottingham – June 2006
43. Innovations in External Fixation by Orthofix, Manchester University, Manchester – November 2005
44. 4th Bomb and Blast course, University College London, London – November 2005
45. Hip and Ankle fracture fixation course, Royal college of Physicians and Surgeons of Glasgow, Glasgow – May 2005
46. Commercial Aviation Medical Transportation Course, Virgin Atlantic, Gatwick - June 2004
47. Basic Hip Arthroplasty Course, Surgical Skills Unit, North Manchester General Hospital, Manchester - June 2004
48. Basic Knee Arthroplasty Course, Surgical Skills Unit, North Manchester General Hospital, Manchester - June 2004
49. Statistics for Medicine, Statistical Services Unit, University of Sheffield, Sheffield - May 2004
50. AO Course- Principles of operative fracture treatment, Davos, Switzerland - Dec 2003
51. Core skills in operative Orthopaedic surgery, RCOS of England, London - Oct 2003

52. Essentials of fracture management core programme, Orthopaedic skills unit, Dundee - May 2003
53. CCrISP Course (RCOS. of England), Liverpool - February 2002
54. Paediatric Advanced Life Support Course, Leeds Royal Infirmary, Leeds - December 2001

Symposiums & Meetings Attended

1. London Knee Meeting, London – October 2015
2. ISAKOS Meeting, Lyon – June 2015
3. ICRS Cartilage regeneration course, Greece – October 2014
4. London Knee Meeting, London – October 2012
5. Current Concepts in Joint Replacement, Las Vegas, US – April 2012
6. ESSKA Conference, Oslo, Norway – July 2010
7. 10TH EFORT Congress, Vienna, Austria – June 2009
8. London Hip Meeting, London – April 2009
9. Changing Lives: Optimising CP Management, Leicester Hilton Hotel, Leicester – November 2008
10. BOA Instructional Course, Manchester Conference Centre – January 2008
11. 5th SICOT/SIROT Annual International Conference, Marrakech, Morocco – August 2007
12. 8th EFORT Congress, Florence, Italy – May 2007
13. British Orthopaedic Association Annual Congress, Glasgow, U.K. – September 2006
14. Combined Congress of the 10th GCC and 11th Pan Arab Orthopaedic Associations, Bahrain – December 2005
15. XXIII SICOT/SIROT Triennial World Congress, Istanbul, Turkey – Sept. 2005
16. 7th EFORT Congress, Lisbon, Portugal – June 2005
17. 3rd SICOT/SIROT Annual International Conference, Havana, Cuba – Sept. 2004
18. British Orthopaedic Research Society meeting, Manchester – September 2004
19. 6th European Trauma Congress, Prague Congress Centre, Czech Republic - May 2004
20. Liverpool and North West Society of Surgeons, Annual Meeting, Liverpool - November 2003

Seminars Attended

1. 'Medical direction of EMS & International perspective', Pre-Hospital care seminars, James Cook University Hospital, Middlesbrough - June 2004
2. 'The terrorist's favorite.....Bombs in the 21st Century', Pre-Hospital care seminars, James Cook University Hospital, Middlesbrough - April 2004
3. Innovations in medicine: are you an ideapreneur or entrepreneur?, BMJ Careers fair, London - November 2003

Clinical Governance and Audit experience

Currently I am the Audit lead for the Trauma and Orthopaedic department at my trust.

This involves organizing and chairing audit meetings, advising and supervising audit projects undertaken by all the junior and senior staff in the department.

Positions of Responsibility

1. Audit Lead for Trauma & Orthopaedics, Whiston Hospital - Present
2. Lead on Enhanced Recovery Programme for knees at the Nuffield Orthopaedic Centre, Oxford - 2011
3. Surgical Trainees Representative – Surgical School Board Committee, East Midlands Deanery, Leicester – 2009/2010
4. Orthopaedic Trainees Representative – Trauma & Orthopaedics Specialist Training Committee, East Midlands Deanery, Leicester – 2008 to 2010

Teaching Experience

I find medical teaching both rewarding and an important learning experience. I have developed my teaching skills throughout my career and have had the opportunity to teach many diverse groups.

ATLS Instructor, Royal College of Surgeons. Instructed on:

1. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – Sept 2013
2. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – Mar 2013
3. ATLS Instructor at the Leicester Royal Infirmary ATLS Course, Leicester – Oct 2012
4. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – Sept 2012
5. ATLS Instructor at the George Elliot Hospital ATLS Course, Nuneaton – June 2011
6. ATLS Instructor at the Birmingham City Hospital ATLS course, Birmingham – September 2010
7. Examiner and Tutor at the FRCS Wrightington Lower Limb Course, Wrightington, Wigan, UK – September 2012
8. Examiner for the University Of Toronto, Canada – Examining Post Graduate Orthopaedic Residents in theory and technical skills.
9. Examiner for the University Of Leicester Medical School, U.K. – Examining & Marking 4th Year and final year medical school students.
10. Involved with the formal curriculum of the University Of Leicester Medical School in delivering lab based anatomy prosection teaching to 3rd and 4th year medical students.
11. Been actively involved in providing ward based and seminar style teaching for medical students, FY1, FY2, junior surgical ST trainees and Residents with special emphasis on history taking, clinical examination methods, fracture management and treatment of orthopaedic conditions.
12. Tutor and Facilitator on the ‘Principles of Fracture Management’ course run annually at the University of Leicester, Leicester – the course offers a comprehensive overview of fracture management for Senior House Officers and Registrars in Trauma & Orthopaedic Surgery.

13. Tutor & Facilitator on the 'Interview Skills Course' for prospective medical students and ST trainees, throughout the country for DevelopMedica Ltd.

Career aims

To continue a career as a consultant trauma and lower limb surgeon. I also intend to keep my academic interests alive by being involved in research and formal teaching, especially in the Advanced Trauma Life Support. I plan to do a master's degree in disaster medicine and spend time and gain expertise in this area of interest in the coming years.

Membership of Professional Organisations:

1. International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine (ISAKOS)
2. International Cartilage Repair Society (ICRS)
3. European Society of Sports Traumatology, Knee Surgery and Arthroscopy (ESSKA)
4. International Society of Orthopaedics and Traumatology (SICOT)
5. British Orthopaedic Trainees Association (BOTA)
6. British Orthopaedic Association (BOA)
7. British Association for Surgery of the Knee (BASK)
8. World Orthopaedic Concern UK (WOC)

Administrative & Management Experience:

1. Clinical lead for the Enhanced Recovery Program for Total and Uni-compartmental knee replacements, the Nuffield Orthopaedic Centre. Set up and organized protocols and pathways for discharging patients earlier following their joint replacements (Mar – Jul 2011)
2. Founder and Chairman of a charity organization of doctors travelling to and helping victims in countries hit by natural disasters. 'DOVES' – Doctors on Voluntary Emergency Service (September 2009 - Present).
3. Trainees Representative of the Surgical school Board Committee and Trauma & Orthopaedic Specialist Training Committee, East Midlands Deanery, Leicester (January 2010 – February 2011).
4. Admin SpR, Glenfield Hospital, Leicester (Feb 2010 – Aug 2010) – Sorting and organizing the Rota, leave and cover for Registrars and SHOs.
5. Currently Cricket captain of 'Nomadic Medics Cricket team', Division II League Champions 2008 and we are currently playing in Division I of the Kookaburra Mid Bucks League, Bucks. ('06 – present).
6. Organised and set up the Trauma & Orthopaedic FRCS curriculum teaching sessions for the trainee orthopaedic surgeons at our East Midlands weekly regional teaching. (2009 – 2010)
7. Principal organiser of a doctor's charity cricket match in which we raised money for 'Pakistan Earthquake Appeal', Boston – April 2006.
8. Organised and successfully ran the Orthopaedic Journal club, Leicester Royal Infirmary, Leicester – 2008/2009.

9. Doctors/Nurses liaison committee member, at Aintree hospital. ('99-'00)
10. Captained and organized the medical school cricket tour to India, where we played different medical colleges across the country over a 4 week tour. (Dec. '98)
11. Organized the highly successful, Medical school charity fashion show. (Feb. '97)

Computer skills

Attended lectures and seminars in information technology and I can work with all basic computer software packages including **Microsoft excel, Microsoft word, PowerPoint** and **SPSS**. I also have experience in **web designing**.

Other appointments

1. BMI Alexandra hospital, Manchester – 2013 to present
2. Spire Cheshire Hospital, Warrington – 2013 to present
3. 52 Alderley road – HCA, Wilmslow – 2104 to present
4. BMI Beaumont Hospital, Bolton – 2016 to present
5. Spire Manchester Hospital, Manchester – 2016 to present
6. Incapacity Benefit assessment doctor, Nestor Disability Analysis, Liverpool –
7. March 2003 - July 2006

Interests and activities:

-Successfully completed the London Marathon in April 2011 for British Red Cross and raised £2000 for the charity.

-Certified PADI open water diver and currently working towards advanced diver certification.

-Interested in Expedition Medicine and have successfully completed the Morocco Mountain Medicine Expedition course which involved climbing Mount Toubkal, 4167 meters, in Morocco - October 2009.

-Captain of 'Nomadic Medics Cricket Club'. Our members are mainly doctors from all specialties and other members encompass players from all walks of life. Our team plays league and friendly games in the Leicester and Bucks regions.

-Give regular voluntary lectures to prospective medical students at their schools around the country about 'getting into medical school' and 'being a doctor'.

-Performed and choreographed in many medical school productions and events, and written articles for the medical school magazine 'Sphincter'.

-I also enjoy swimming and playing hockey, tennis and squash.